

Humble Terms & Conditions

Mission Statement:

Let's bring out our best

We are an organisation that aspires to **help bring out our best** by supporting with skills, knowledge, tools, and values that nurture our personal growth and potential.

Humble guides

Our role as "Humble Guides", is to support you on your journey, consulting, working with you and learning together with mutual respect, kindness and honesty.

What we offer

We work with individuals, teams, schools and organisations, offering our services online and in person. We offer holistic health assessments, wellbeing-mindset-lifestyle guidance, tailored talks and courses, among our range of offerings.

Our "Humble Guiding" is recognised and insured by [BGI insurance services](#). Our work is supportive and not a substitute for medical care. Our services provide guidance and support in wellbeing and holistic health. However, they do not constitute medical advice, diagnosis, or treatment. If you have any medical concerns, you should consult a registered medical professional

What to expect?

When you get in touch with us, we endeavour to help direct you to the most appropriate support. This could be online resources, a consultation, webinars, group workshops, corporate guidance or signposting to other services.

Our fees are listed on the Humble website.

They may be subject to change and clarified before our services are offered.

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Liability disclaimer

To the fullest extent permitted by law, Humble and its practitioners disclaim all liability for any direct, indirect, incidental, or consequential damages arising from the use of our services. Our services do not replace professional medical, legal, financial, or therapeutic advice, and we encourage users to seek appropriate professional support where necessary. By engaging with Humble, you acknowledge that you are responsible for your own wellbeing and decisions.

What we require

We require that people engaging with Humble endeavour to be kind, honest and respectful of each other's rights.

We require that you inform us of any relevant information that may influence our interactions including relevant health conditions or circumstances and update us regarding any changes.

We collect and process personal data in accordance with our [GDPR policy](#) / Privacy Policy on our website.

We require that you respect the people, privacy and property you encounter through Humble (including our intellectual property).

We require that payment for engaging with Humble is transparent and timely (at the time of booking). If you need to reschedule or cancel an appointment we require that you let us know by email to team@humble.info with sufficient notice (>48 hours). Refunds will not be provided for non attendance or cancellations made within 48 hours of an appointment, except in exceptional circumstances at our discretion. Cost incurred will be deducted from any refunds issued.

We reserve the right to decline to work with people and organisations.

Relationship with Independent Practitioners

While we may signpost to independent practitioners, Humble does not supervise, control, or take responsibility for their services. Clients should verify the credentials and suitability of any recommended practitioners.

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Consideration Policy

At Humble, we are committed to creating a safe, respectful, and supportive environment for everyone we engage with, including clients, practitioners, and team members.

We require that all individuals interacting with Humble uphold our values of consideration, kindness, honesty, and respect. We do not want behaviour that is:

- **Abusive, aggressive, or threatening** – including verbal, physical, or written abuse towards our team or others.
- **Discriminatory or harassing** – including any form of bullying, hate speech, or discrimination based on race, gender, age, disability, sexual orientation, religion, or other protected characteristics.
- **Dishonest or fraudulent** – including misrepresentation of information, false claims, or misuse of our services.
- **Disruptive or damaging** – including actions that intentionally undermine our work, reputation, or the wellbeing of others.

If any individual engages in such behaviour, we reserve the right to:

- Decline or terminate services without refund.
- Withdraw access to Humble events, resources, and support.
- Report incidents to relevant authorities if necessary.

By engaging with Humble, you agree to adhere to this Policy. If you witness or experience behaviour that breaches this policy, please contact us at **team@humble.info**.

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Agreement

By engaging with Humble you agree to adhere to the terms and conditions as stated here.

How to contact us?

You can contact us via:

The Humble website contact page <https://humble.info/contact/>

Email team@humble.info or

Phone 07936461063.

We endeavour to respond within 7 working days.

If you have information to share, wish to make a complaint or have suggestions please contact us using the contact information above.

These Terms and Conditions may be updated periodically. Please check this page for the latest version